

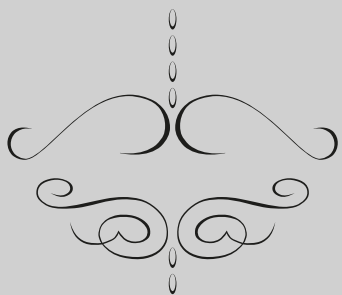


Serenity Spa



BEAUTY | PERMANENT MAKE-UP





NOUVEAU[®]
CONTOUR
PERMANENT COSMETICS

Welcome to Serenity Spa

Serenity Spa welcomes you to experience an exclusive range of spa products and services designed to balance mind, body and spirit.

Emerge renewed and restored, rejuvenated and relaxed.

Tel: 01704 834003

www.serenityspaformby.co.uk

Amy

Serenity Spa's New Services

Permanent Make Up

Permanent Makeup can enhance your brows, eyes and lips and the results last, meaning you save time on your daily beauty routine!

You can look your best, morning, noon and night. It's the most positive, life-changing beauty treatment you can experience.

- Look and feel great without spending hours in front of the mirror
- Subtle to defined, understated to glamorous - there are lots of treatment options
- Results can last years (although you will need to keep your colours topped-up)

**For a two hour session including full consultation:
Brows from £280.00 • Eyeliner from £250.00 • Lips from £300.00**

Permanent Make Up Top Up

£40.00

Top-up may or may not be necessary. Must be taken 4-6 weeks after first appointment.

Recommended colour boost every 12-18 months.

LPG Treatments

LPG® Endermologie offers a 100% natural alternative: stimulating dormant cellular activity within our skin to fight all unaesthetic manifestations (wrinkles, sagging skin, localised resistant fat, cellulite appearance, and more).

We offer bespoke courses with big savings. Consultations are free of charge.

Body	10 mins	£20.00	Relaxation	30 mins	£60.00
	20 mins	£40.00	Fluid Mobilisation	30 mins	£60.00
	30 mins	£60.00	Endermopuncture	50 mins	£100.00
	40 mins	£80.00			
Face	10 mins	£20.00	The Glow	15 mins	£30.00
	20 mins	£40.00	Fluid Mobilisation	20 mins	£40.00
	30 mins	£60.00	Décolleté	25 mins	£50.00
	40 mins	£80.00			
Age Defying Re-Plumping	30 mins	£60.00	Skin Awakening	40 mins	£80.00
Age Defying Skin Toning	30 mins	£60.00	Perfecting Eyes & Lips	40 mins	£80.00
Age Defying Re-Sculpting	30 mins	£60.00	Cellular Stimulation	75 mins	£150.00

SVS Lashes

SVS (Speed, Volume, Style) is our latest revolutionary lash extension treatment.

This unique technique has been developed to ensure the health of your natural lashes are at the forefront, meaning your own lashes are protected while we create a custom lash look tailored just for you. A variety of styles are available with SVS, ranging from a natural looking volume to a fuller, more glamorous look - all in a much faster time than you will have ever experienced.

FULL SET OF SVS LASHES	1 hr 15 mins	£74.00
SVS LASHES 3-4 WEEK INFILLS	60 mins	£37.00





Brow and Lash Treatments



Totally tailored to you...

Your HD Brows Stylist will begin with an in-depth consultation to discuss size, shape and the look you want before beginning work on your bespoke brows. Custom-blended colour is applied and whether we darken, lighten or simply tone the natural colour of your brow hair, we'll ensure your new brows complement your look, and your style. From there, we use our exclusive brow mapping formula to design your unique shape before using a combination of HD hair removal techniques to create it. If there isn't enough hair to create your perfect arch immediately, we'll put you on a regrowth programme and work with you every step of the way to achieve the perfect brow for you. Visit www.hdbrows.com

HD BROWS	45 mins	£32.00
BLEACHING	15 mins	£4.50

Brow and Lash Treatments

Nouveau Lashes Extend: professionally applied lash extensions giving you the look of fuller, thicker lashes with added volume. Our lash extensions have been developed to the highest standards, combining softness with strength and durability. They are beautifully curled and tapered to imitate natural lashes leaving you with a flawless look. Our technicians use a specially developed, latex free lash adhesive to give you the best result and most comfortable treatment experience.

NOUVEAU LASHES FULL SET (GLAMOROUS)	2 hours	£84.50
NOUVEAU LASHES FULL SET (NATURAL)	1 hr 30 mins	£74.00
NOUVEAU LASHES 1 WEEK INFILL	30 mins	£26.50
NOUVEAU LASHES 2 WEEK INFILL	60 mins	£37.00

The Ultimate Effect Lashes!

Choose from a variety of looks that last from a day to two weeks.

LASH FILLERS/CLUSTERS Eyelash fillers, or clusters, can last for up to a week if you follow the recommended aftercare routine.	15 mins	£23.50
EXPRESS LASHES Ideal for special occasions Twenty Minute Lash Extensions - applied one by one to your natural eyelashes, our high quality extensions are tapered to imitate your own lashes for a flawless look.	30 mins	£37.00
LET'S GO EXPRESS COUTURE LASHES As Express Lashes but with <i>more</i> lashes added to accentuate the natural beauty of your eyes.	45 mins	£47.50

Want the big lash look? Now you can have it...

LVL LASH PERMING	60 mins	£55.50
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ALL OUR LASHES INCLUDE A SOAK OFF

NOUVEAU[®]
LASHES



ESPA

Natural Beauty
Inner Calm

ESPA Facials

Reveal skin that glows each day with natural health and beauty. By assessing your skin, lifestyle and wellbeing needs, our ESPA Experts create a truly personalised, results-focussed facial using the latest innovative techniques with our powerful Tri-Active™ blends. Results are both instant and long-lasting - skin looks clear, radiant and inner calm is blissfully restored.

ADVANCED FACIALS

ESPA INSTANT RADIANCE FACIAL

1hr 30 mins £63.50

Brighten and revitalise with this intense, instantly effective facial. Innovative formulas unlock nature's power to transform fatigued or lacklustre complexion. Fresh, toned, radiantly healthy looking skin emerges and your natural glow is restored.

Includes: Skin analysis with SkinVision™ lamp - triple cleanse (including deep brush cleanse) - exfoliation - steam and extraction (if required) - Tri-Active™ Regenerating Resurface & Brighten Mask - age defying Rose Quartz crystal massage - professional lifting and smoothing mask - scalp massage

ESPA Facials

ESPA EXPRESS FACIAL

30 mins £37.00

Reveal a clear, refreshed, naturally beautiful complexion with this express facial. Personalised to your needs, natural active formulas cleanse, rebalance and hydrate while aromatic essential oils capture your mind, leaving you looking and feeling relaxed and radiant. **Includes:** Skin analysis with SkinVision™ lamp - double cleanse - exfoliation - personalised mask - scalp massage

ESPA INNER BEAUTY FACIAL

60 mins £53.00

Deeply cleanse, hydrate and renew with this instant results facial. Tailored to your skin's precise needs, Tri-Active™ formulas work immediately while pure aromatherapeutic oils encompass your mind. Skin looks clear, quenched, naturally beautiful, and inner calm is blissfully restored. **Includes:** Skin analysis with SkinVision™ lamp - triple cleanse - exfoliation - steam and extraction (if required) - facial massage - personalised mask - scalp massage

ESPA OPTIMAL SKIN HEALTH FACIAL

60 mins £53.00

Visibly revive skin's natural beauty, balance and health. Achieving instant results with long-lasting benefits, this intelligent facial harnesses nature's most potent actives alongside high performance massage to deeply cleanse, refine and hydrate skin. You emerge with a smooth, profoundly nourished complexion, glowing with natural health.

Includes: Skin analysis with SkinVision™ lamp - triple cleanse (including deep brush cleanse) - exfoliation - steam and extraction (if required) facial massage - mask - hand and arm exfoliation and massage

ESPA INTENSE REGENERATING FACIAL

60 mins £58.50

Visibly diminish wrinkles and fine lines with this powerfully age-defying facial. Instantly effective, naturally renewing formulas combine with restorative massage to noticeably tone, plump and intensely hydrate mature skin. Youthful radiance is awakened and your skin is left feeling beautifully refined, soft and supple. **Includes:** Skin analysis with SkinVision™ lamp - triple cleanse - exfoliation - steam and extraction (if required) - age-defying facial massage - mask - scalp massage

ESPA

Natural Beauty
Inner Calm

ESPA

Natural Beauty
Inner Calm

ESPA Body Treatments

Guided entirely by your personal needs, expect instant and long-lasting results from these profoundly renewing rituals. Unique in every sense, they make use of nature's most powerful and effective actives and oils, coupled with innovative techniques from our expert therapists. Your body feels rebalanced and your skin's natural beauty is restored.

ESPA BACK, FACE & SCALP TREATMENT	1 hr 30 mins	£74.00
Unravel tension, instantly boost your complexion and restore inner calm with our most renowned treatment. Targeted massage techniques combine with the purest aromatherapy oils and a highly-personalised facial helping you to look and feel your very best - restored, de-stressed and beautifully radiant. Includes: Back exfoliation - back massage with or without hot stones - inner beauty facial - scalp massage		with hot stones: £79.50
ESPA BODY WRAP	60 mins	£53.00
Purify your body or deeply replenish your skin with this personalised body wrap. Reveal instant results from naturally detoxifying algae or nourishing marine mud. Skin looks refined, toned and beautifully radiant, while a soothing scalp massage restores inner calm. Includes: Skin brush - body exfoliation - algae or mud wrap - scalp massage		
ESPA SALT & OIL SCRUB	30 mins	£32.00
Revive skin's natural softness and glow with this intensely exfoliating treatment. An ideal way to prepare skin for other treatments, a natural blend of sea salt and the purest oils polishes away dull, dry cells and infuses skin with rich nourishment. Skin feels smooth, supple and looks radiantly healthy. Includes: Skin brush - salt and oil full body exfoliation.		

ESPA Maternity

ESPA PRE-NATAL RELAX & RESTORE	30 mins	£37.00
Nurture your changing body and calm your mind with this beautifully comforting treatment. Personalised to your needs and stage of pregnancy, the purest, most gentle formulas smooth and nourish the skin while expert massage soothes tight, tender muscles and invokes a state of blissful relaxation. Includes: Back exfoliation (if required) - focussed body massage - scalp massage	60 mins	£58.50
	1 hr 30 mins	£79.50
	Course of 6	£350.00

Course of 6 includes: 5 × 60 min and 1 × 90 min treatments.

ESPA Massage

Rediscover inner calm and physical wellbeing. Here, genuine care is taken to address your individual needs, with natural formulas and holistic techniques specially applied to provide a profoundly effective experience for both mind and body. Muscular tensions are released, your soul feels soothed and you emerge energised with renewed focus and lasting positivity.

ESPA

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Inner Calm

MASSAGE

ESPA INNER CALM MASSAGE

60 mins £63.50

Quieten your mind, release tension and nourish your skin with this holistic, ultimately restorative experience. Personalised to your physical and emotional needs, carefully chosen aromatherapy blends relax, cleanse or energise, while advanced massage alleviates muscular pressure, soothes anxiety and invokes profound relaxation. Mind and body feel balanced, energy renewed and inner calm beautifully restored. **Includes:** Breathwork - full body aromatherapy massage - scalp massage with Rose Quartz crystals

ESPA SWEDISH MASSAGE

60 mins £53.00

Revive your body and enliven your spirits with this invigorating massage. Working swiftly and deeply where you need it most, traditional Swedish massage with pure, nourishing oils boosts circulation, alleviates tight, aching muscles and awakens the body from top to toe. **Includes:** Full body Swedish massage - scalp massage

with hot stones:
£58.00

ESPA MINDFUL MASSAGE

90 mins £60.00

Soothe away stress and return body and mind to the present moment with this holistic and blissfully re-balancing experience. Unique in every way, guided breathing and visualisation combine with deeply therapeutic massage to release physical and emotional anxieties, relax the mind and restore a positive spirit. **Includes:** Breathwork and visualisation - massage to metamorphic zones of the feet - full body massage - scalp massage with warm Rose Quartz crystals

MUSCLE REVIVER

45 mins £42.50

A condensed massage for those who suffer with tension related headaches and neck strain. **Includes:** Back massage – facial massage – scalp massage.

with hot stones:
£47.50

BACK NECK & SHOULDER MASSAGE

30 mins £32.00

This massage is tailored to address any area of concern and uses the most appropriate massage techniques along with the ESPA Body Oil to suit your needs.

with hot stones:
£37.00



Crystal Clear Microdermabrasion

Share the celebrities' favourite skin care secret...

Ever wondered how those famous faces stay looking so young? Crystal Clear Microdermabrasion literally takes years off you by gently exfoliating the outer layers of skin. Crystal Clear Microdermabrasion treats a vast array of skin concerns, on both the face and body, using a safe and controlled method of skin resurfacing. The treatment provides immediate visible results for ageing skin, lines & wrinkles, open pores, blackheads, pigmentation, blemish scars, acne scars, stretch marks and much, much more.

FACE

MICRODERMABRASION FACIAL 45 mins £53.00

MICRODERMABRASION DELUXE FACIAL 1 hr 15 mins £69.00

BODY

CRYSTAL CLEAR BACK SHINE 30 mins £37.00

CRYSTAL CLEAR CORRECTION TREATMENT 30 mins £37.00



Crystal Clear COMCIT

Beautiful, rejuvenated skin with COMCIT, offering revolutionary new skin rejuvenation technology to treat:

- *Ageing lax skin*
- *Acne prone skin*
- *Lines and wrinkles*
- *Stretch marks*
- *Sun damaged skin*
- *Acne scarring*
- *Pigmentation marks*
- *Body treatments*
- *Décolletage*

COMCIT is: Cryo Oxygen Microchannelling Collagen Induction Therapy. It offers simultaneous delivery of Cryo Oxygen whilst our unique Microchannelling Roller creates thousands of microscopic channels in the dermal epidermal junction. This is the most effective skin rejuvenation system yet as we are effectively getting down to the layers where skin health begins. 60 mins £85.00

COMCIT WITH MICRODERMABRASION 1 hr 15 mins £100.00

H₂O GLOW FACIAL 1 hr £60.00

Hand and Foot Treatments

Shellac by CND

Shellac UV3 Technology - The Power Polish... on like polish, wears like gel, off in minutes.

SHELLAC FOR FEET Includes file, cuticle work and colour application.	45 mins	£28.00
SOAK OFF AND RE-APPLY Includes soak off, file, cuticle work and colour application.	60 mins	£32.00
SHELLAC FOR HANDS Includes file, cuticle work and colour application.	45 mins	£28.00
SOAK OFF AND RE-APPLY Includes soak off, file, cuticle work and colour application.	60 mins	£32.00
SHELLAC SOAK OFF	15 mins	£14.00

CND Plexigel

A versatile and convenient brush-in-a-bottle gel nail enhancement system that provides up to 3+ weeks of strength, length, and shape.

- FILL IT – Save cracked nails with wearable patches.
- FIX IT – Repair broken nails.
- SHAPE IT – Plump and shape flat nails.
- BUILD IT – Create customisable length.

APPLY NO COLOUR	45 mins	£28.00
APPLY WITH SHELLAC	60 mins	£36.00
SOAK OFF	15 mins	£14.00
SOAK OFF AND RE-APPLY, NO COLOUR	60 mins	£32.00
SOAK OFF AND RE-APPLY WITH SHELLAC	1 hr 15 mins	£40.00

Shellac™

CND™ PLEXIGEL



Hand and Foot Treatments

Marine Spa Pedicure

Excite, energise, refresh... an inspired system born of the sea. Marine botanicals and sea salt energise, quartz crystals and menthol cool. Bathe, Scrub, Cool, Hydrate.

CREATIVE TREATMENT PEDICURE Re-shape, thorough cuticle work and removal of hard skin, exfoliation, mask, heated boots, foot and leg massage, colour of your choice.	1 hr 15 mins	£38.00
CREATIVE MAINTENANCE PEDICURE Re-shape, cuticle tidy, removal of hard skin, exfoliation, foot and leg massage, colour of your choice.	60 mins	£30.00
Add Shellac	15 mins	£14.00



Vynylux by CND

BREAKTHROUGH NAIL POLISH SYSTEM WITHOUT A BASE COAT!

VINYLUX Weekly Polish and Weekly Top Coat is a system uniquely designed to work together. Exposure to natural light secures the ProLight technology, creating an enduring, long-lasting polish. While ordinary polishes become brittle and deteriorate over time, VINYLUX dries naturally to a flawless finish and strengthens its resistance to chips over time.

FILE AND POLISH HANDS OR FEET	30 mins	£14.00
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Hand and Foot Treatments

TREATMENT MANICURE

Re-shape, thorough cuticle work and removal, exfoliation, mask, heated mittens, hand and arm massage, formula, colour of your choice.

60 mins £36.00

MAINTENANCE MANICURE

Re-shape, cuticle tidy, hand and arm cream application and mini massage, formula, colour of your choice.

45 mins £28.00

Tanning

This specially formulated UV free treatment features a tan using a spray application in only 15 minutes. Perfect for a busy schedule or a lunch hour treat.

PRO BOOTH. Choose from our variety of colours for perfect streak-free and natural looking tan to suit every skin tone.

ST. TROPEZ SPRAY TAN (exfoliation needed prior to the treatment)

15 mins £24.00

ST.TROPEZ



Waxing

Lycon wax is the market leader in hair removal and is used around the world by many top spas and salons, frequented by international models and celebrities.

Removes stubborn hairs, virtually pain free, suitable for sensitive skin, finer hair re-growth and free from ingrown hairs.

HOT WAX

HOLLYWOOD	30 mins	£34.00
BRAZILIAN	30 mins	£32.00
G-STRING BIKINI	30 mins	£23.50
BIKINI	15 mins	£17.00
UNDERARM	15 mins	£16.00
EYEBROW	15 mins	£12.50
LIP	15 mins	£10.50
CHIN	15 mins	£10.50
FULL FACE	15 mins	£21.00
CHEEKS	15 mins	£10.50
NOSE	15 mins	£8.50

STRIP WAX

BIKINI	15 mins	£12.50
UNDERARM	15 mins	£10.50
EYEBROW	15 mins	£9.00
LIP	15 mins	£7.00
CHIN	15 mins	£7.00
HALF LEG	15 mins	£19.00
FULL LEG	30 mins	£25.50
HALF ARM	15 mins	£15.00
FULL ARM	30 mins	£19.00

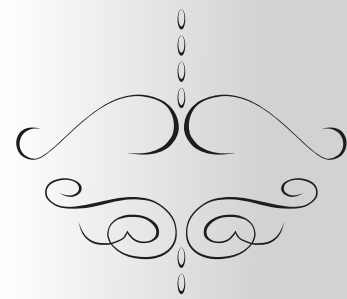
As featured in:

BAZAR ELLE GLAMOUR VOGUE ES Magazine

Threading

EYEBROWS	15 mins	£10.50
LIP	15 mins	£10.50

CHIN	15 mins	£10.50
FACE	15 mins	£17.00



Tinting

EYELASH TINT	15 mins	£12.50
EYEBROW TINT	15 mins	£8.50

Tinting test needed 24 hours prior to the treatment

Packages

HOLIDAY PACKAGE **£114.50**

Package Includes:

- Maintenance Pedicure
- Maintenance Manicure
- Half Leg Wax
- Bikini Wax
- Underarm Wax
- Eyelash Tint
- Eyebrow Wax
- Hot Wax Bikini OR Hot Wax Underarm

add £10.00

SERENITY PACKAGE **£104.00**

Package Includes:

- 60 Min Facial
- Maintenance Pedicure
- Maintenance Manicure

**We can tailor packages,
please ask for details.**

ESPA



ST. TROPEZ

Courses

PRE & POST NATAL TREATMENT

A deeply nourishing body massage designed to target areas prone to stress and tension during or after pregnancy. A course of 6 is recommended following the first trimester of pregnancy (12 weeks).

Course of 6 includes: 5 x 60 min and 1 x 90 min treatments.

Course of 6 £350.00

COMCIT WITH MICRODERMABRASION

Treatments have to be taken two weeks apart and booked in advance; otherwise we cannot offer the course. Or pay up front and get a FREE Beauty Flash microdermabrasion with the sixth visit.

Course of 6 £425.00

MICRODERMABRASION

A course of 5 x 45 minute facials

Course of 5 £212.00

LYCON HOLLYWOODS

Course of 3 x Hollywoods

£94.50

LYCON BRAZILIANS

Course of 3 x Brazilians

£84.00

ST. TROPEZ TRIO

Course of 3 x 15 minute St. Tropez Spray Tans

£53.00

Payment Plans

Payment plans are available for courses or for our more expensive treatments. Please ask for details at reception.

ESPA for Men

Our ESPA face and body treatments for men are specifically tailored to your skin type, each designed to ensure you experience the best physical and therapeutic benefits depending on your needs.

ESPA

Natural Beauty
Inner Calm

ESPA DEEP CLEANSING FACIAL

60 mins £53.00

Deeply cleanse, hydrate and renew with this instant results facial. Tailored to your exact needs, TriActive™ formulas work immediately to purify and reawaken your skin while aromatherapeutic oils relax your mind. Skin looks clear, smooth, energised while inner calm is restored. **Includes:** Skin analysis with SkinVision™ lamp - triple cleanse - exfoliation - steam and extraction (if required) - facial massage - personalised mask - scalp massage

BACK, FACE & SCALP TREATMENT

1 hr 30 mins £74.00

Renowned as our 'Hero' treatment and loved by all. This ESPA experience delivers triple results by targeting three key areas - the back, face and scalp, making it the ideal treatment for anyone. **Includes:** Back exfoliation, back massage, facial and scalp massage.

with hot stones:

£79.50

INNER CALM MASSAGE

60 mins £63.50

Find your inner calm with this deeply relaxing and soothing treatment for mind and body, using a specially selected blend of oils, tailored to you. With neck and eye pillows to encourage warmth and relaxation, indulge in this soothing holistic treatment, combining personalised aromatherapy massage and warm Rose Quartz Crystals through the scalp.

ESPA SWEDISH MASSAGE

60 mins £53.00

Revive your body and enliven your spirits with this invigorating massage. Working swiftly and deeply where you need it most, traditional Swedish massage with pure, nourishing oils boosts circulation, alleviates tight, aching muscles and awakens the body from top to toe. **Includes:** Full body Swedish massage - scalp massage

with hot stones:

£58.00

ESPA MUSCLE REVIVER

30 mins £42.50

Relax and revive body and mind with this multi-targeted massage. Instantly alleviate tension with this powerful yet soothing treatment focusing on the back, face and scalp. Using personally selected essential oils, persistent tension in the back is eased, skin looks re-energised and a positive mindset is restored. **Includes:** back massage - facial massage - scalp massage

with hot stones:

£47.50

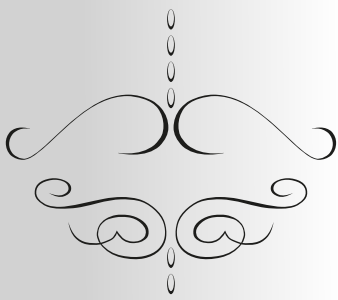
BACK NECK & SHOULDER MASSAGE

30 mins £32.00

This massage is tailored to address any area of concern and uses the most appropriate massage techniques along with the ESPA Body Oil to suit your needs.

with hot stones:

£37.50



ESPA for Men

MALE WAXING: BACK	30 mins	£23.50
MALE WAXING: CHEST	30 mins	£23.50

Serenity Spa Gift Vouchers are available...

please ask a member of staff for more information



Information

Scheduling an appointment

To schedule an appointment, please contact our reception **01704 834003** and we will be able to guide you to the right choice. To ensure your preferred time and service is available please book in advance. We also now offer online booking - visit www.serenityspaformby.co.uk

Children's Policy

We are delighted to offer treatments to children, however they must be accompanied by an adult.

In order to enjoy the peaceful, relaxing atmosphere here at Serenity Spa Formby Ltd, we would appreciate it, that if it is necessary to bring along your children, that they sit like angels so that clients can enjoy their treatments. Noise to be kept to a minimum please.

Cancellations

If you are unable to make an appointment it would be much appreciated if you could let us know 24 hours prior to the treatment. There is an answer phone message available out of salon hours. Failure to do so will result in a 50% charge of the bill.

Salon Etiquette

Our salon is one of relaxation and tranquillity. Please respect all guests' right to privacy and serenity. In light of this, the salon is a mobile phone, camera and smoke free zone.

Health Conditions

Kindly advise us of any health conditions, allergies or injuries which could affect your choice of treatment when making your booking.

Gift Vouchers

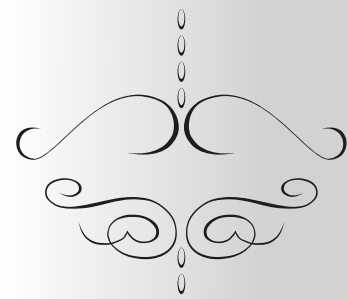
Available to purchase at reception, over the phone or on our website www.serenityspaformby.co.uk. They are available for any amount and can only be redeemed on our range of treatments and products and are valid for 6 months.

Homecare

To continue your salon experience at home, most products used in our treatments are available to purchase at reception.

Payment Plans

Payment plans are available for courses or for our more expensive treatments. Please ask for details at reception.





BEAUTY | PERMANENT MAKE-UP



Opening Times:

Monday	9.00am - 5.00pm
Tuesday	9.00am - 5.00pm
Wednesday	9.00am - 6.00pm
Thursday	9.00am - 7.00pm
Friday	9.00am - 7.00pm
Saturday	9.00am - 4.00pm
Sunday	Closed

Opening hours are subject to change. Payments accepted by cash and most major credit or debit cards.



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