

RELIEVING
"HEAVY LEGS"
**QUICKLY
AND NATURALLY.**

HEALTH | WELL-BEING



**INNER POWER.
BETTER LIFE.**

HEAVY LEGS

Painful and heavy legs, swollen ankles, visible veins... No matter the type of symptoms, they are all related to venous insufficiency, which means poor circulation in the veins. This evolving pathology must be monitored to prevent potential complications.



40%
of women may experience
chronic venous insufficiency*

Nearly
60%
develop phlebitis*

WHY?

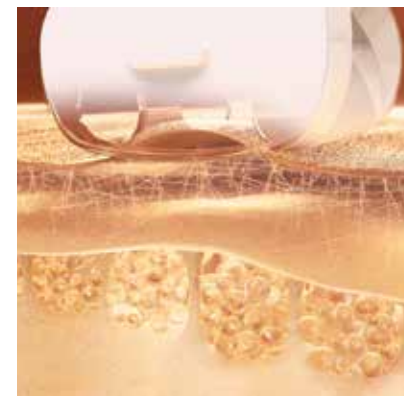
Lower limb veins make the blood flow back to the heart. They are made up of valves that prevent the blood from refluxing down. A malfunction of these valves generates blood stagnation which can be aggravated by a sedentary lifestyle, excess weight, heat, hormonal changes...

*Patel SK, Surowiec SM. Venous Insufficiency. 2021 Dec 26. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2022 Jan-. PMID: 28613694.

MEDICAL ENDERMOLOGIE® NATURAL & NON-DRUG THERAPY

Medical endermologie® is a patented treatment technique delivered by professional Cellu M6 Alliance® Medical devices.

The treatment head delivers a mechanical massage on the skin's surface to gently stimulate the sleeping cells (fibroblasts, adipocytes and endothelial cells). The transformation operates from within for quick and proven results: blood (x4") and lymphatic (x3") circulation is reactivated, while reducing the risk of oedema.



This 100% natural and pleasant therapy, provides immediate and lasting relief.

Legs feel lighter, pain is relieved, providing daily comfort and well-being.

**WATSON J. et AL: Physiological Effects of Endermologie®. Aesthetic Surg J - 19(1);27-33.

HOW TO PREVENT THE APPEARANCE OF VENOUS DISORDERS?

- Regularly benefit from medical endermologie® treatments
- Adopt a healthy and well-balanced diet
- Drink a lot of water (1.5 liters per day)
- Avoid staying in sitting position for too long without moving
- Engage in regular and soft physical activity
- Avoid tight-fitting clothes and overheated places
- Lightly raise the bottom of your mattress at feet level (to help venous return at night)
- End your daily shower with cold water on legs and feet
- Wear support stockings (based on medical advice)

ASK YOUR **LPG®** EXPERT FOR ADVICE!

- 150 SCIENTIFIC STUDIES
- 90 PUBLICATIONS OF WHICH 39 ON MEDLINE
- SUPPORT OF THE COSIRE INTERNATIONAL SCIENTIFIC COMMITTEE SINCE 1999

